

PRESS KIT



The Night Olympic Team

Fighting to Keep Drugs
Out of the Games

Caroline
Hatton



lo res book cover

The Night Olympic Team
Fighting to Keep Drugs Out of the Games

by Caroline Hatton

BOOK DESCRIPTION

A team of scientists, including the author, exposes athletes who used banned drugs to win Olympic medals.

Nonfiction for ages 10-110

Hardcover, 56 pages

Color photographs, glossary, resources, index

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Amazon Kindle e-book

ASIN: B001CRPH30

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Read the jacket flaps and first chapter at www.carolinehatton.com

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• **PRESS RELEASE**

Drugs in Sports
Insider's Book Tells a Story of Catching Cheaters

A new book gives young readers a rare look inside a lab that catches athletes who use blood boosters, steroids, and other banned drugs.

Outstanding. —*Library Media Connection*

[A] detective story. —*Los Angeles Magazine*

A must-read. —*Los Angeles Times*

The Night Olympic Team: Fighting to Keep Drugs Out of the Games by Caroline Hatton tells the true story of scientists who worked through many nights to test athletes for banned drugs during the 2002 Olympic Games in Salt Lake City. Hatton was a member of the UCLA Olympic Laboratory headed by Dr. Don Catlin, a recognized leader in the science of detecting drugs in sports and a preeminent champion of drug-free sports.

Months before the 2002 Olympic Games in Salt Lake City began, the world learned of a new medicine called Aranesp® (NESP), which might be misused to enhance performance. The drug was so new that no one had developed a test to detect it. Catlin and his team adapted an existing test to detect the new drug, and they soon found NESP in urine samples from three Olympic cross-country skiers who had received a total of eight medals. The scientists then provided the evidence and expertise needed to award the medals to the rightful winners.

“I wanted to provide children with accessible information before they make decisions about doping, although unfortunately some of them are being doped by adults around them,” says Hatton. “I also wanted to reach into the future and address tomorrow’s thought leaders. Kids can grasp complex issues, have insights, and be highly idealistic. There are no kids’ books on this subject showing scientists in action.”

Through *The Night Olympic Team*, young readers discover the dangers of using banned performance-enhancing drugs and the science of drug testing. Readers also get the big picture of drugs in sports with a focus on the hottest issue today: blood doping. Sidebars, appendices, and a substantial glossary inform readers about various banned drugs and provide healthy, drug-free ways to enhance performance. The book makes a strong statement for fair play through drug-free competition.

The Night Olympic Team: Fighting to Keep Drugs Out of the Games (Boyd's Mills Press)

Hardcover: \$17.95 ISBN: 978-1-59078-566-9

Amazon Kindle e-book: \$9.95 ASIN: B001CRPH30

• **PRAISE FROM REVIEWERS**

A Pennsylvania School Librarian's Association Top 40 Young Adult Books Pick for 2008-2009

A California Readers' selection for the 2009 Middle School California Collection

“Hatton has simplified the scientific terminology and provided understandable explanations of the science behind NESP. Career information is included as is information on the fine line athletes must walk to test drug free. Hatton charts new territory providing a look at the lab that works to keep athletic competitions fair. This is an outstanding resource for reports on drugs in sports or the Olympics. Recommended.”

Library Media Connection

“Hatton tackles a difficult issue with grace and clarity... In her book, written like a scientific thriller, Hatton details how, in 2002, the ‘night Olympic team’ of scientists uncovered the fact that three Olympic athletes had used an illegal blood booster called NESP. Offers readers a unique glimpse into how science can make a difference in keeping the Olympics fair and drug-free.

Scripps News

“Equal parts detective story and blood-doping primer, it’s packed with convincing reasons to compete clean.”

Los Angeles Magazine

“A must-read on doping... Caroline Hatton’s *The Night Olympic Team* is an essential in-depth look at drug cheating in sports.”

Los Angeles Times

“Far from being a dry, scientific text, *The Night Olympic Team* uses photos, charts, and easy-to-read text to shed light on the history, testing procedures, and future of ‘doping’ in the Olympics.”

www.LightTheTorch.net

“A concise, readable account of a group of scientists who are working to detect forbidden drug use in sports. ...Hatton’s approach to the issues raised by the use of performance-enhancing drugs is fair-minded and kid-friendly... Teachers and young readers will appreciate Hatton’s personable manner and her keen perspective on this timely subject.”

School Library Journal

“Hatton does a creditable job of explaining the chemical alphabet-soup jargon of drugs and drug-testing, abetted by a design that features short chapters and fact boxes that both flesh out the story's details and offer supplementary facts about doping. Along the way, she makes a strong case for the importance to both health and integrity for the stringent treatment of offenders. Readers will certainly understand one of the more complicated subtexts of the... Olympics much better after spending some time with this... readable offering.”

Kirkus Reviews

PRAISE FROM REVIEWERS, continued

“The Night Olympic Team is a good primer for everyone who writes about the use of performance-enhancing drugs. . . . The glossary alone is worth the price of the book, which seeks to inform kids about the mental, ethical, and physical perils of doping.”

Chicago Tribune

“Teachers are an important audience as the kids are where the future will be influenced. Will the next generation be as jaded and open to temptation as the current one? Time will tell. But books like this are necessary to provide solid information and context to the issue. It’s well done, nicely illustrated, and should be well received.”

Jim Ferstle
Freelance writer

“The Night Olympic Team has the enormous potential to reach a large audience with a very important topic. The book is aimed at young people, but I can tell you that it has mass appeal. It takes a topic that’s extraordinarily complicated and makes it so simple that everyone can understand it. There could not be anyone on the planet better groomed and designed for this book than Caroline Hatton. She has a complete background on the science (beginning with a Ph.D.), years operating and managing a lab, doing high-end work, and vast experience in the field. In the more recent phase of her life, she packaged all this with what she loves to do most: write children’s books.”

Dr. Don Catlin
Professor emeritus, University of California at Los Angeles
President, Anti-Doping Research, Inc.

“In this timely and highly readable account of the unmasking of three Olympic athletes who used a performance-enhancing drug that they thought would be undetectable, and the scientists who discovered and identified that drug, Caroline Hatton has created a true-life adventure story. Clearly written, with a ‘you are there’ sense of immediacy, we are pulled into the story of the drug testing lab at the 2002 Olympic Winter Games, participating in the nightly urgency as the scientists process urine samples provided by athletes the previous day. With pronunciation guides for difficult words and sidebars to explain complicated concepts and related issues, the author keeps the main story focused on the drama of unfolding events. Holding us in suspense until the final chapter, Caroline Hatton helps us understand the dedication, challenges, and rewards of the night Olympic team.”

Caroline Arnold
Author of 30 Outstanding Science Trade Books
Children’s Book Council-Nat’l Science Teachers’ Assoc CBC/NSTA

“Recommended. Provides an alternate look at the Games from the standpoint of those who are trying to keep them clean and fair and the obstacles they face as people continue to try and come up with new drugs that will be undetectable to existing tests. A timely and informative addition.”

Reviewers of Young Adult Literature

• **INTERVIEW**

EXCERPTS FROM THE INTERVIEW BY THE *SCHOOL LIBRARY JOURNAL*

To read the full interview, click on the “School Library Journal Interview” link on the home page at www.carolinehatton.com.

What was it like being a member of the Night Olympic Team?

It was a thrill. [...] Every night behind the closed doors of the lab, my job, along with a few others, was to make darn sure that test results were correct...by trying to shoot them down. [...]

[...]

Tell us about the night your team discovered NESP in an athlete's urine.

[...] Our team's collective thinking kicked into high gear, white-hot. [...] The responsibility for reporting any drug finding is huge, but we embrace it wholeheartedly as a team and as individuals because we know it's in good hands.

Did you feel bad about someone's career being ruined?

We don't ruin the career of an athlete who cheats; he or she does that to himself or herself. Our job is to report the truth. A dooper who was caught has damaged not only his or her own career, but also those of clean competitors as well as the reputation of their sport and the very spirit of sport. [...]

Why write a children's book on this subject?

[...] Kids who talk about drugs in sports exercise their critical thinking, have a better chance of becoming savvy consumers of health products, and are better equipped to maintain health and fitness through a smart lifestyle.

• **AUTHOR BIO**

updated July 2009

Full name CAROLINE KIM HATTON

Born 1957, Normandy, France

Languages French, English

DEGREES

Ph.D., Chemistry (University of California at Los Angeles, 1985)

Diplôme d'État de Pharmacien (Université de Paris, France, 1979)

OCCUPATION

Sports Anti-Doping Science Consultant & Children's Author

PAST APPOINTMENTS

1984 & 1985-98 Various positions including Associate Director, UCLA Olympic Laboratory

AWARDS, including

2004, 1997 Excellence Award, Society for Technical Communication

1981 Distinguished Teaching Assistant Award, University of California at Los Angeles

1975-79 Nine prizes, Université de Paris, France

PUBLICATIONS

5 books for young readers, including:

Hatton, C. 2008. *The Night Olympic Team – Fighting to Keep Drugs Out of the Games*. Honesdale, PA: Boyds Mills Press.

PUBLICATIONS continued

29 scientific publications, including:

Catlin DH, Hatton CK. 2009. Abuse of recombinant erythropoietins and blood products by athletes. In *Erythropoietins, Erythropoietic Factors, and Erythropoiesis. Molecular, Cellular, Preclinical, and Clinical Biology*. 2nd revised and extended edition, eds Elliott SG, Foote MA, Molineux G. Basel, Switzerland: Birkhäuser.

Beyond Sports Doping Headlines: The Science of Lab Tests for Performance-Enhancing Drugs. Hatton CK. In *Pediatric Clinics of North America*. Oxford: Elsevier. 54:713-33, 2007. Available at <http://www.antidopingresearch.org/BeyondSportsDopingHeadlines.pdf>

Catlin DH, Sekera MH, Ahrens B, Starcevic B, Chang Y-C, Hatton CK. Tetrahydrogestrinone: Discovery, Synthesis, and Detection in Urine. *Rapid Communications in Mass Spectrometry*, 18, 1245-1249, 2004.

Aguilera R, Catlin DH, Becchi M, Phillips A, Wang C, Swerdloff RS, Pope HG, Hatton CK. Screening Urine for Exogenous Testosterone by Isotope Ratio Mass Spectrometric Analysis of One Pregnanediol and Two Androstanediols. *J Chrom. B*, 727, 95-105, 1999.

Catlin DH, Hatton CK. Use and Abuse of Anabolic and Other Drugs for Athletic Enhancement. *Advances in Internal Medicine* 36:399-424, 1991.

Catlin DH, Kammerer RC, Hatton CK, et al. Analytical Chemistry at the Games of the XXIIIrd Olympiad in Los Angeles, 1984. *Clin. Chem.*, 33:319-327, 1987.

• **AUTHOR PHOTO**



lo res photo
(hi res photo available upon request)